

EASE NewsPlatform

Europe, September/ 2025

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EASE
European Association for
Somatic Experiencing



2026
**PRESENCE,
 PREVENTION
 AND PROSPECTS**

**RESOLVING TRAUMA &
 RESTORING GOODNESS
 IN THE WORLD**

11-13
 JUNE 2026
 PRAGUE, CR

**SOMATIC
 EXPERIENCING**

SECONFERENCE2026@SOMATIC-EXPERIENCING.DE



3rd European Conference on Somatic Experiencing (SE)[®]

**Presence, Prevention
 and Prospects:**

**Resolving Trauma &
 Restoring Goodness in
 the World**

3rd European Conference on Somatic Experiencing (SE)®

Presence, Prevention and Prospects: Resolving Trauma & Restoring Goodness in the World

<https://euroconferencese2026.my.canva.site/>

Group Crisis Support for Individuals with Symptoms of War Trauma. Best Practices from 10 Years of Frontline Experience



DESCRIPTION

A workshop on group work methods using Somatic Experiencing (SE) tools, tested on a large scale during the war in Ukraine. The training, will last 2.5 days and will include practical exercises, knowledge sharing, the introduction of helpful materials, and real-life stories from field work. It enables participants to incorporate group-based Somatic Experiencing (SE) tools into their own practice.

More info: <https://psse.net.pl/grupowe-wsparcie-kryzysowe-dla-osob-z-objawami-traumy-wojennej-najlepsze-praktyki-z-10-letnich-doswiadczen-za-linia-frontu-imke-hansen-21-23-listopada-2025-poznan/>



WHO CAN JOIN?

Country association members

Professionals working with groups

Language: Polish



PRICE

1300 PLN for SEP's and PSSE members until 15 Sep,2025

1400 PLN after this date

BASIC INFO



Poland / Poznań



Imke Hansen



21 – 23.11.2025



Organiser: Polish Society for SE (PSSE)



kontakt@psse.net.pl

NeuroAffective Touch® Foundation Training



DESCRIPTION

The Foundation Training is nuanced, comprehensive, and groundbreaking, going beyond the psychotherapy trainings and bodywork programs available today to offer a truly integrated body-mind approach. Students frequently refer to NeuroAffective Touch as finding the “missing piece” that allows them to weave all their previous trainings into a seamless whole.

The two parts of the training build sequentially, beginning with a deep dive into the psychobiology of touch and how to use touch in a way that allows the body to lead, rather than “doing to” the body. This orientation supports the body to tell its story, which is often very different from the mind’s narrative.

More detailed description of the workshop in the links below:

<https://sosinternationale.org/nat-foundation-training>



WHO CAN JOIN?

- Country association members
- Members of other associations
- Non-members

Teachings are in English.



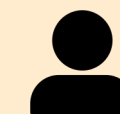
PRICE

This is a **1-year** course and the current cost is £3199.00, if your application is fully completed and approved and you pay before **08 Oct 2024**, the earlybird discounted cost **for the year** will be **£2880**

BASIC INFO



UK. London



Trainer: Dr Aline LaPierre



Part 1: 15-20.03.2025

Part 2: 19-24.10.2025



Organiser: SOSInternationale



info@sosinternationale.org

NeuroAffective Touch® Foundation Training (the next edition)



DESCRIPTION

The Foundation Training is nuanced, comprehensive, and groundbreaking, going beyond the psychotherapy trainings and bodywork programs available today to offer a truly integrated body-mind approach. Students frequently refer to NeuroAffective Touch as finding the “missing piece” that allows them to weave all their previous trainings into a seamless whole.

The two parts of the training build sequentially, beginning with a deep dive into the psychobiology of touch and how to use touch in a way that allows the body to lead, rather than “doing to” the body. This orientation supports the body to tell its story, which is often very different from the mind’s narrative.

More detailed description of the workshop in the links below:

<https://sosinternationale.org/nat-foundation-training>



WHO CAN JOIN?

- Country association members
- Members of other associations
- Non-members

Teachings are in English.



PRICE

This is a **1-year** course and the current cost is **£3345.00**, if your application is fully completed and approved and you pay before **01 September 2025**, the earlybird discounted cost **for the year** will be **£3025,00**

BASIC INFO



UK. London



Trainer: Dr Aline LaPierre



Part 1: 23-28.03.2026

Part 2: 15-20.07.2026



Organiser: SOSInternationale



info@sosinternationale.org

Essential Strategies of Healing Sexual Trauma and Sexuality

DESCRIPTION



All of us work with clients who generally resist being in the body. Many experience their bodies with shame, disgust, and as scary, dangerous places to avoid. Many endured sexual trauma as a child, sexual assault as adults, grew up with strong religious messages, and struggle with sexual incompatibilities in their relationships.

This workshop is designed to tackle just these issues, and is aimed at helping practitioners acquire a variety of new and effective tools to best serve these clients—even the toughest ones. Introducing material and exercises not covered in the Somatic Experiencing training.

The workshop is part of a 4 module Certification as a Somatic Sexuality Healing Practitioner (SSHP) by Ariel Giarretto.

The workshop will take place from 09h30 (10h00 on the first day) to 18h00 (16h00 on the last day).

<https://somatic-experiencing.pt/pages/noticias-eventos-detalhe.aspx?eid=3b398ca6-2b0f-46d0-a9d5-e8c33f2c2a75>

<https://forms.gle/aoJGHPDuDixWTKab6>



WHO CAN JOIN?

- Country association members,
- Members of other associations,
- Non-members

Teachings are in English



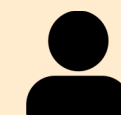
PRICE

Until September 14th 400€ for ASEP members 450€ for non-members; From September 14th until September 13th 400€ for ASEP members 500€ for non-members

BASIC INFO



Portugal



Trainer: Ariel Giarretto



14 -16.11.2025



Organiser:ASEP - Associação Somatic Experiencing Portugal



geral@somatic-experiencing.pt

+351 912112142 (Whatsapp only)

The energetics of intimacy, attachment and sexuality



DESCRIPTION

Part 3 of 4 in person workshops on SE and sexuality. This 3 day course focuses on the connection to self and the body, while being in the proximity of others. The goal is deeper connection to self and others, healthy attachment, clean boundaries and greater freedom to explore your sexy self, playfully in new and different ways, without shame.

<https://www.bodymindopleidingen.nl/training/the-energetics-of-intimacy-attachment-and-sexuality-part-3-of-4/>



WHO CAN JOIN?

- Country association members,
- Members of other associations,
- Non-members

Teachings are in English

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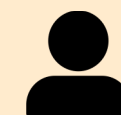
PRICE

€ 695 (board not included)

BASIC INFO



Netherlands/ De Poort, Groesbeek



Trainer: Ariel Giarretto



14-16.12.2025



Organiser: Body Mind Opleidingen



trauma@bodymindopleidingen.nl

+31 (0)6 572 726 41

Deepening Presence, neuroaffective meditation training

DESCRIPTION



Our effortless, resting presence is basic to the healing that we offer our clients. Dropping deeper into our own presence, balanced to just rest with the other, and to act effortlessly, is a lifelong process. During good times and bad, practicing – playing with – a sense of listening or surrendering in the direction of Grace, of the Wholeness in Life, can help us to rest in a deeper current of awareness. This is a skill we can use in our private lives, but also in our therapy sessions and teaching processes.

<https://www.bodymindopleidingen.nl/training/neuroaffective-meditations/>



WHO CAN JOIN?

- Country association members,
- Members of other associations,
- Non-members

Teachings are in English



PRICE

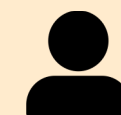
€ 895 (boarding not included)

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BASIC INFO



Netherlands/in person



Trainer: Marianne Bentzen



02-05.10.2025



Organiser: Body Mind Opleidingen



trauma@bodymindopleidingen.nl

+31 (0)6 572 726 41

The Online Somatic Workshop - Grief, Joy, and the Return to your Authentic Self



DESCRIPTION

Ergos presents Online Experiential Mini-ws. with Ursula Funke-Kaiser: Grief is one of the deepest teachers we encounter in life. It touches not only the losses we consciously mourn, but also the unacknowledged and unseen losses that become lodged in our bodies and souls. This workshop invites you to explore grief as a portal back to your authentic self—where resilience, vitality, and joy can emerge.

<https://www.somaticexperiencing.com/program-registration/p/online-somatic-workshop-grief-joy-and-the-return-to-your-authentic-self-2025>



WHO CAN JOIN?

Non members

10

English



PRICE

135 USD. Participation give 50 USD discount to masterclass

BASIC INFO



The Rest of the World/ online



Trainer: Ursula Funke-Keiser



2.11. 2025/ 7:00 AM 1:00 PM



Organiser:Ergos Institute, Inc.



The Secret of the Tuning Board



DESCRIPTION

Health is characterized by centeredness, balance, connection, and movement. The Tuning Board offers all of these qualities at once. Those who stand on it experience the body's instinctive and dynamic search for grounding and centering. These seminars with the inventor of the Tuning Board focus on exploring the body in a state of dynamic balance—and the central role played by stability and movement, which search for an optimized inner order.

https://docs.google.com/forms/d/e/1FAIpQLSfI2HRIPEk0UCBD3VKCbpuBurrjgKzdhY3IOlaqAtU0m7ji_DA/viewform



WHO CAN JOIN?

Country association members

English with German translation



PRICE

€499 including drinks and snacks

11

BASIC INFO



Germany/Bürgermeisterhause Essen-Werden



Trainer: Darrel Sanchez



14-15.11. 2025



Organiser: Somatic Experiencing Deutschland e.V.



Hanna Mennenoeh- Grimm

Seminar@somatic-experiencing.de

+49 201 248 70 445

The Tuning Board, the Vestibular System and Reflexes



DESCRIPTION

The vestibular system is our organ of balance and, along with the auditory organ, is part of the inner ear. Our vestibular and proprioceptive systems are responsible for our ability to maintain balance in the body. Balance is the ability to maintain our center and verticality above our base in the field of gravity. From here, we ground ourselves, orient ourselves, and respond to what is happening around us in the environment and what we experience in our bodies.

https://docs.google.com/forms/d/e/1FAIpQLSe6BFFnG51I_5APAZCSsYAusqCjjwIFDi4doBtSUN5lxUMYBg/viewform



WHO CAN JOIN?

Country association members

English with German translation



PRICE

€499 including drinks and snacks

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BASIC INFO



Germany/Bürgermeisterhause Essen-Werden



Trainer: Darrel Sanchez



16-17.11. 2025



Organiser: Somatic Experiencing Deutschland e.V.



Hanna Mennenoeh- Grimm

Seminar@somatic-experiencing.de

+49 201 248 70 445

The Group Case Consultation



DESCRIPTION

SE supervision for all levels , 3 hours - 1 credit.
Registration: www.lianepintodh.com



WHO CAN JOIN?

- Country association members,
- Members of other associations

English



PRICE

€ 50

13

BASIC INFO



The Rest of the World/ online



Trainer: Liane Pinto



18.09.2025



Organiser: SE Trainer



lianepsicologa@gmail.com
5571991255155

SE Workshop "Supporting Sexual Trauma"



DESCRIPTION

Healing Sexual Trauma with Somatic Experiencing®

A Transformational Autumn Workshop near Salzburg

This powerful in-person workshop is designed for therapists, coaches, and healing professionals who want to deepen their ability to support clients with a history of sexual trauma. Using the principles of Somatic Experiencing® (SE), we will explore how to safely approach shame, dissociation, boundary ruptures, and deeply rooted survival patterns.

<https://www.haraldauer.com/kontakt/>



WHO CAN JOIN?

Country association members

Members of other associations

Language: German, no translation



PRICE

Flyer will be sent after application

14

BASIC INFO



Austria/ in person



Trainers: Lilian Troost, Harald Auer



03- 05.10.2025



Harald Auer and Lilian Troost (Senior level II; SE Trainer)



info@haraldauer.com
0043 699 105 19 258

About us

This letter is an initiative founded by two SEPs, Kasia and Damian.

During the EASE GA gathering in Edinburgh the idea of “news letter “was born.

Who are we?

Kasia is a SEP, Assistant, psychologist and therapist living and working in Poznan Poland , she is part of Polish SE Association and a member of Ethics Committee of EASE.

Damian (originally Polish) is an actor, body worker, SEP, Assistant in training, on a board of SEAUK,

We decided to help with connecting and transferring informations about post graduated trainings , events, webinars , circles ,inspirations, social gatherings etc, between associations, organisers and trainers and so everyone can have an access to those informations and we would like to support each other to connect and thrive .

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We would like to invite you to join our project .

We would like to ask each Association and Organisers to delegate one person responsible for bringing up information connected to your group .

Also we invite trainers to join us .

Here is our email where you can rich out if you want us to share informations in Info Platform Ease:

easeneplatform@gmail.com